



Suggested COVID-19 List and Resources

Product List:

1. Masks, disposable or reusable
2. Disposable gloves
3. Oral or no-touch thermometer
4. Pulse oximeter
5. Hand Sanitizer
6. Disinfectant wipes and cleaning supplies
7. Hands-free trash can, preferably plastic bag liner
8. Disposable Tissues
9. Antibacterial soap
10. Paper towels

Recommended:

11. Air Purifier
12. Replace Heat and air filters more often
13. Sanitize and deodorize washers and dryers more frequently
14. Hydrating products. Water, Gatorade ensure residents remain hydrated.
15. Removable door mats for entrances and exists.



Resources:

Federal Recommendations to verify Product information

- [Coronavirus.gov](https://www.cdc.gov/coronavirus): Public information provided by the U.S. government related to Coronavirus Disease (COVID-19)
- [CDC Coronavirus Disease 2019 \(COVID-19\)](https://www.cdc.gov/coronavirus/2019-nCoV/): Current public health and safety information on COVID-19.
- [USA.gov Coronavirus](https://www.usa.gov/coronavirus): What the U.S. government is doing in response to Coronavirus (COVID-19). [View en español](#).
- [Coronavirus Guidelines for America](https://www.whitehouse.gov/coronavirus): The president's Coronavirus guidelines for America.
- [Coronavirus Frequently Asked Questions](https://www.whitehouse.gov/coronavirus): Interagency website, organized by the White House Coronavirus Task Force, for definitive information on the public's most frequently asked questions.
- [FEMA Coronavirus \(COVID-19\) Response: Updates on federal partners working with state, local, tribal and territorial governments to execute a whole-of-America response to the pandemic](https://www.fema.gov/emergency-preparedness-response-recovery/coronavirus).
- [FEMA Rumor Control](https://www.fema.gov/emergency-preparedness-response-recovery/coronavirus): A resource helping the public distinguish between rumors and facts regarding the Coronavirus (COVID-19) pandemic.
- <https://www.redcross.org/get-help/how-to-prepare-for-emergencies/types-of-emergencies/coronavirus-safety.html>

Stay informed of State, Metro and Local information and resources

- <https://www.vumc.org/poisoncenter/54763>
- <http://www.tn.gov/health/cedep/ncov>
- https://www.google.com/search?q=covid+self+test&rlz=1C9BKJA_enUS676US676&oq=covid+self+test&aqs=chrome..69i57j0l3.13815j0j7&hl=en-US&sourceid=chromemobile&ie=UTF-8
- <https://www.tn.gov/health/cedep/ncov/remote-assessment-sites.html>